

Gladstone Presentation & Consults

13th, 14th, 15th October 2016

Presentation Brief

First, let's get down to the basic questions. Do you have a specific illness or disease you're dealing with now? Do you ever think that you don't feel like you used to feel? Are you fatigued, or hyperactive, overweight, underweight, have aches or pains? If you answered in the affirmative, you should know that these symptoms are simply reflections of a body out of balance. If you feel great and you are healthy, that's wonderful too because much of the information in this presentation will be of tremendous benefit to help keep you this way.

The first things to consider and to look at when your body is out of balance (or when you want to keep it in balance) are the core homeostatic control mechanisms that keep everything else in your body operating smoothly and as it should. These are the body's pH and digestive metabolic systems; and these systems are dependent on the food that you eat. This is the core foundation of your health. Without making sure these systems are in balance and functioning well, everything else becomes guesswork. These are the first things that need to be addressed and examined when you're dealing with a body with any kind of unbalance. That's right. An unbalance of ANY kind - cancer, arthritis, heart disease, fatigue, skin conditions, allergies, overweight, underweight, you name it. Food, along with the pH and digestive metabolic systems, is the foundational base upon which the body lives or dies. Just about every disease condition known to man is going to have roots in these areas. If you want perfect health, you have to be critically concerned with these areas and how they relate to today's world.

During this presentation and using one of the most powerful forms of health education available - a high powered biological video microscope, Mark will take you on a fascinating and unforgettable 'live' journey into the microscopic world of our internal terrain (body ecology). It is through this journey that you will gain a deeper understanding of what health truly is and how you can transform your physiology, body chemistry and metabolic systems for maximum gains in health and life performance.

This will be an interactive presentation, where some of the audience will have the opportunity of having their live and dry blood samples projected up onto the big screen as Mark guides you through your right now "situational physiology" as observed in the blood. Seeing the incredible array of dynamic life processes going on every second in our bodies and relating what we see back to our current 'health' reality can be one of the most amazing experiences of your life.

Mark and his partner Diane will be available for one-on-one consults on the Friday & Saturday following this presentation.